

## Breakfast/Snack Menu for February 2019

**Pacelli Catholic Schools**

**Breakfast is served everyday from 7:15-8:00am in the cafeteria**

**Cost \$1.50**

**Students who have been approved for Free/Reduced will NOT be charged.**

**The State of Minnesota also currently offers breakfast at NO CHARGE to Kindergarten students.**

### After School Snack Program

- **Offered Daily (school days)**
- **Excellent healthy choice options for an after school snack!**
- **Snack options will include combinations of two of the following categories:**

*Milk-8oz*

*Meat or Meat Alternative-  
between 2-4 oz.*

*Fruit or Vegetable 3/4 cup*

*Grains-at least 1 whole grain eq.*

Monday	Tuesday	Wednesday	Thursday	Friday, February 1
				<b>Breakfast-</b> Egg Sandwich Fruit Juice/Milk <b>Afterschool Snack-</b> Cereal Milk
Monday, February 4	Tuesday, February 5	Wednesday, February 6	Thursday, February 7	Friday, February 8
<b>Breakfast-</b> Frudel Fruit Juice/Milk <b>Afterschool Snack-</b> Chex Snack Mix Milk	<b>Breakfast-</b> Cinnamon Roll Fruit Juice/Milk <b>Afterschool Snack-</b> Sun Chips Milk	<b>Breakfast-</b> Bagel Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Muffins Milk	<b>Breakfast-</b> Ultimate Breakfast Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Oatmeal Brownie Milk	<b>Breakfast-</b> Egg Sandwich Fruit Juice/Milk <b>Afterschool Snack-</b> Cereal Milk
Monday, February 11	Tuesday, February 12	Wednesday, February 13	Thursday, February 14	Friday, February 15
<b>Breakfast-</b> Frudel Fruit Juice/Milk <b>Afterschool Snack-</b> Annie's Grahams Milk	<b>Breakfast-</b> Cinnamon Roll Fruit Juice/Milk <b>Afterschool Snack-</b> Tortilla Chips/Salsa Milk	<b>Breakfast-</b> Bagel Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Muffins Milk	<b>Breakfast-</b> Ultimate Breakfast Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Crunchy Granola Bar Milk	<b>Breakfast-</b> Egg Sandwich Fruit Juice/Milk <b>Afterschool Snack-</b> Cereal Milk
Monday, February 18	Tuesday, February 19	Wednesday, February 20	Thursday, February 21	Friday, February 22
<b>Breakfast-</b> Frudel Fruit Juice/Milk <b>Afterschool Snack-</b> Chex Snack Mix Milk	<b>Breakfast-</b> Cinnamon Roll Fruit Juice/Milk <b>Afterschool Snack-</b> Pretzels Milk	<b>Breakfast-</b> Bagel Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Muffins Milk	<b>Breakfast-</b> Ultimate Breakfast Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Oatmeal Brownie Milk	<b>Breakfast-</b> Egg Sandwich Fruit Juice/Milk <b>Afterschool Snack-</b> Cereal Milk
Monday, February 25	Tuesday, February 26	Wednesday, February 27	Thursday, February 28	Pre School Snack
<b>Breakfast-</b> Frudel Fruit Juice/Milk <b>Afterschool Snack-</b> Annie's Grahams Milk	<b>Breakfast-</b> Cinnamon Roll Fruit Juice/Milk <b>Afterschool Snack-</b> Tortilla Chips/Salsa Milk	<b>Breakfast-</b> Bagel Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Muffins Milk	<b>Breakfast-</b> Ultimate Breakfast Bar Fruit Juice/Milk <b>Afterschool Snack-</b> Crunchy Granola Bar Milk	<ul style="list-style-type: none"> <li>▪ Monday- Granola Bar/Applesauce</li> <li>▪ Tuesday- Goldfish/String Cheese</li> <li>▪ Wed.- Apples/Peanut Butter</li> <li>▪ Thur.- Yogurt/Grahams</li> <li>▪ Friday- Craisins/Cheese Stick</li> </ul>